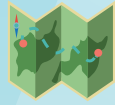
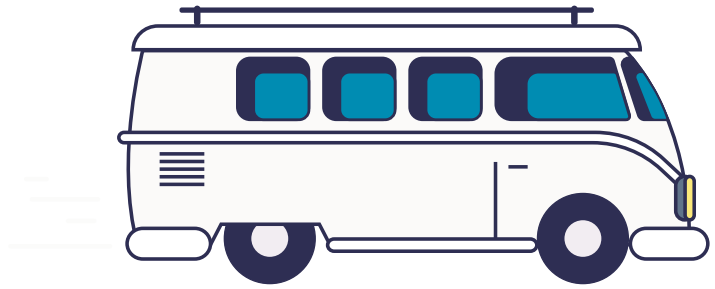


# Sunday Escapes



Cyprus  
*in your heart*



## INTRODUCTION

The unparalleled beauty of the nature of Cyprus is an invitation for discovery and rediscovery, irrespective of the season. Sunday Escapes give you the opportunity to travel back in time into the history and culture of the island, admire the natural beauty and biodiversity, sample the traditional gastronomy and treat yourself to a walk or mountain bike ride along its unique mountain trails.

### **Sunday Escapes**

Leave the fatigue of everyday routine behind you and relax in the cool forests, the lush mountain slopes and the picturesque stone-built villages of the countryside.

The programme offers Sunday excursions (except on religious or national holidays) from September 2018 to June 2019. Each month will have a theme round which the programme of the excursions will revolve.

### **General informations:**

**Reservations:** Reservations and information on telephone 77778050 (or 22713760) Monday to Friday 09:00 – 13:00 and 14:00 – 17:00 and on **[www.sundayescapes.com](http://www.sundayescapes.com)**.

The deadline for reservations is 11.00 am on Thursday for the coming Sunday. Places are limited therefore, participation is permitted only when pre-booking and full payment is made. The excursions last around 8 -10 hours.

### **Terms and conditions:**

1. The prices featured in this brochure apply to the Sunday Escapes programme and any changes made to them do not bind the Cyprus Tourism Organisation in any way. They apply only for the aforementioned programme.
2. There must be a minimum of 10 participants for each excursion.  
The maximum number of participants differs according to each excursion.
3. Prices for the excursions include the meal and activities for each one and differ accordingly (special prices apply for children 7-12 years old). Drinks are not included. There is a different age limit for some excursions.
4. Participation of children under the age of 7 is not permitted.
5. Lunch will be meze but may vary when the theme of day is gastronomy, in which case it will also include the theme's product.  
The price includes water per four persons.

6. Reservations must be made through the travel agent specified by the Cyprus Tourism Organisation and the fee must be prepaid.
7. Cancellations with a full refund can be made up to one week before the date of the excursion.
8. In the event of cancellation of the excursion, either because of low demand or because of the weather or other reasons, participants will be informed by the travel agent on the Friday before the excursion.
9. The Cyprus Tourism Organisation retains the right to change and/or cancel excursions.
10. The Cyprus Tourism Organisation accepts no responsibility for any allergies or accidents.
11. Sunday Escapes' program has been created with the purpose of boosting Rural Tourism and cultivating the touristic consciousness of the people. It is mostly aimed at permanent residents of Cyprus (internal tourism).



# EXCURSIONS

## FEBRUARY 2019

### WALKING Tourism

#### Lefkosia (Nicosia) District

Walking the nature trails offers a unique opportunity to exercise and to get to know Cyprus' rich flora and fauna.

#### Departure:

- **03 February:** From **Lefkosia (Nicosia)**, 08:00 am.  
Meeting point: Cyprus Handicraft Centre (Athalassas Avenue)
- **10 February:** From **Pafos**, 07:30 am.  
Meeting point: Public Parking Place (Entrance of Archaeological Park) Kato Pafos
- **17 February:** From **Lemesos**, 08:00 am.  
Meeting point: CTO Information Office Germasogeia
- **24 February:** From **Larnaka**, 08:00 am  
Meeting point: CTO Information Office Lamaka
- **24 February:** From **Ammochostos**, 07:30 am  
Meeting point: CTO Information Office Agia Napa

**Cost of excursion: €17**

**Participation of children under the age of 12 is NOT permitted**

**Degree of difficulty: 2 (moderate degree of difficulty, suitable for adults with a moderate to good state of physical fitness.**

**Sudden change in gradient (downhill)**

**Minimum number of participants: 10 persons per region**

**Maximum number of participants: 30 persons per region**

#### Excursion:

- Transport with guided tour throughout the itinerary to Agios Theodoros Soleas from where we will take the nature trail that ends at Asinou. During the walk, which will take about 3 hours, we will go through pine forest and enjoy the blossoming almond trees. Do not forget to wear flat, comfortable, walking shoes and hat and to bring water. Good health and physical condition is required.
- Meal at a local tavern. The set menu includes water for every four persons.
- Return.

